

Who We Are

NSMHPCN is an alliance of health care professionals, patients, families and communities who facilitate planning, development, delivery, and education of quality palliative care services to people in our region.

Mission

To support the provision of exceptional hospice palliative care and end-of-life care through partnerships, innovative programs and knowledge exchange.

Vision

A community where the experience of hospice palliative care and end of life care honours each individual and their choices.

Values

Respect: We recognize the inherent worth of every person and their choices.

Empathy: We are compassionate collaborative and understanding in our approach.

Inclusivity: We honour and value diversity and promote inclusiveness within our communities.

Integrity: We act with honesty, strong ethical principles and in compliance with provincial standards.

Inclusion

North Simcoe Muskoka Hospice Palliative Care Network is committed to creating and maintaining an environment free of discrimination. All individuals are treated with respect and dignity, and have equal opportunities. Our programs, services and opportunities will be accessible regardless of age, ancestry, colour, race, citizenship, ethnic origin, place of origin, creed, disability, family status, marital status, gender identity, gender expression, receipt of public assistance, record of offences, sex, or sexual orientation.

Regions We Serve:

- Barrie & area
- South Georgian Bay
- Couchiching
- South Muskoka
- North Simcoe

Hours of Operation:

Monday to Friday
8:30 am - 4:30 pm

Proud partner of:



Central Ontario Health Team for Specialized Populations



Canadian Compassionate Companies



Ontario Santé
Health Ontario



NSMHPCN
North Simcoe Muskoka Hospice Palliative Care Network



169 Front St. South, Orillia, ON L3V 4S8
Phone: 705-325-0505 | Toll Free: 877.235.2224
Fax: 705-325-7328 <https://nsmhpcn.ca>
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What is Palliative Care?

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-limiting illness, through the prevention and relief of suffering by means of early identification.

What We Do:

- Offer educational courses, workshops, and conferences.
- Support service providers with mentorship, education, and consultation regarding a palliative approach for patients in their care.
- Provide advanced pain and symptom consultation to patients living with a life-limiting illness.
- Promote Advance Care Planning
- Provide Bereavement Support
- Provide customized education to meet the needs of community partners providing a palliative approach to care.

Educational Offerings:

- Fundamentals of Hospice Palliative Care
- Advanced Palliative Practice Skills (APPS)
- Learning Essential Approaches to Palliative Care (LEAP)
- Pills, Pumps & Patches
- Comprehensive Advanced Palliative Care Education (CAPCE)
- Bereavement 101
- Customized Education and Mentorship Programs

The Palliative Care Team: all working together

PRIMARY CARE TEAM

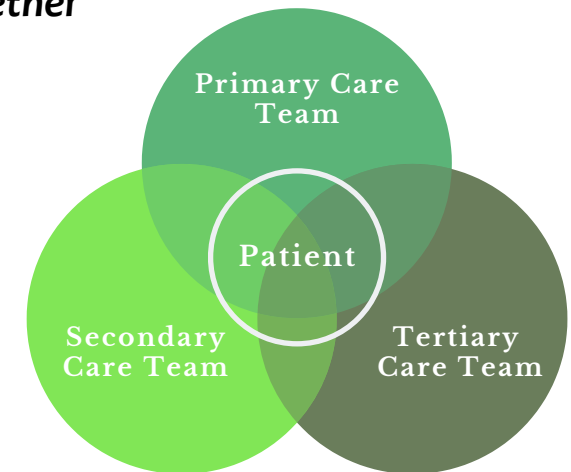
- Primary care MD, NP, HCC SS, RN, RPN, PSW, HSW
- Dietitian, PT, OT, RT Spiritual Care, SW, Volunteers

SECONDARY CARE TEAM

- Palliative care MD's and NP's
- NSMHPCN Palliative Pain and Symptom Management Consultants

TERTIARY CARE TEAM

- Palliative Care Specialist Units and tertiary centres for specialty service



**Please make a referral to a
NSMHPCN Palliative Pain and Symptom Management Consultant
for the following:**

Consultations with Service Providers: Advanced Palliative Pain & Symptom Assessment and Consultation Regarding a Palliative Approach to Care

- Palliative pain and symptom assessments with a service provider looking after those with life limiting illness in Long Term Care, Retirement Homes, Acute Care, and community.
- Pain, tiredness, drowsiness, nausea, lack of appetite, dyspnea, anxiety, depression, and overall wellbeing.
- Pain related to neuropathic pain, metastatic pain, and visceral pain.
- Adjuvant therapy, opioid rotation, opioid neurotoxicity and dose titration.
- Total suffering (psychological, spiritual, physical).
- To assist care providers in the provision of quality palliative care through mentorship and consultation.

Education for Service Providers: a Palliative Approach to Care Education

- Formal and informal course delivery.

Referrals are accepted from all service providers looking after patients with life limiting illness who are requesting a case based conversation or a joint visit

**To make a referral for a case-based discussion or joint visit with a palliative pain and symptom management consultant complete the online form found at <https://nsmhpcn.ca> or scan the QR Code below
Fax completed form to: 705-325-7328**

