

Who We Are

NSMHPCN is an alliance of health care professionals, patients, families and communities who facilitate planning, development, delivery, and education of quality palliative care services to people in our region.

Mission

North Simcoe Muskoka Hospice Palliative Care Network (NSMHPCN) provides a dedicated, compassionate, holistic palliative approach to care for all.

Vision

To provide leadership and achieve excellence in hospice palliative care.

Values

Respect: We recognize the inherent worth of every person and their choices.

Collaboration: We foster a unified team approach to care.

Inclusivity: We honor and recognize diversity and promote inclusiveness.

Integrity: Our practice is honest, ethical and transparent.

Inclusion

North Simcoe Muskoka Hospice Palliative Care Network is committed to creating and maintaining an environment free of discrimination. All individuals are treated with respect and dignity, and have equal opportunities. Our programs, services and opportunities will be accessible regardless of age, ancestry, colour, race, citizenship, ethnic origin, place of origin, creed, disability, family status, marital status, gender identity, gender expression, receipt of public assistance, record of offences, sex, or sexual orientation.

Regions We Serve:

- Muskoka
- Barrie & area
- Couchiching
- North Simcoe
- South Georgian Bay

Hours of Operation:

Monday to Friday

8:30 am - 4:30 pm

Proud partner of:



BY Pallium Canada



Collaborating to build a person-centered, integrated health system in North Simcoe Muskoka.



Central Ontario Health Team for Specialized Populations



Canadian Compassionate Companies



Ontario Health

Santé Ontario



NSMHPCN
North Simcoe Muskoka Hospice Palliative Care Network



169 Front St. South, Orillia, ON L3V 4S8
Phone: 705-325-0505 | Toll Free: 877.235.2224
Fax: 705-325-7328 www.nsmhpcn.ca
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Supported by:

North Simcoe Muskoka Hospice Palliative Care Network

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What is Palliative Care?

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-limiting illness, through the prevention and relief of suffering by means of early identification.

What We Do:

- Offer educational courses, workshops, and conferences.
- Support service providers with mentorship, education, and consultation regarding a palliative approach for patients in their care.
- Provide advanced pain and symptom consultation to patients living with life-limiting illness.
- Promote Advance Care Planning
- Provide Bereavement Support
- Provide customized education to meet the needs of community partners providing a palliative approach to care.

Educational Offerings:

- Fundamentals of Hospice Palliative Care
- Advanced Palliative Practice Skills (APPS)
- Learning Essential Approaches to Palliative Care (LEAP)
- Pills, Pumps & Patches
- Comprehensive Advanced Palliative Care Education (CAPCE)
- Bereavement 101
- Customized Education and Mentorship Programs

The Palliative Care Team: all working together.

PRIMARY CARE TEAM

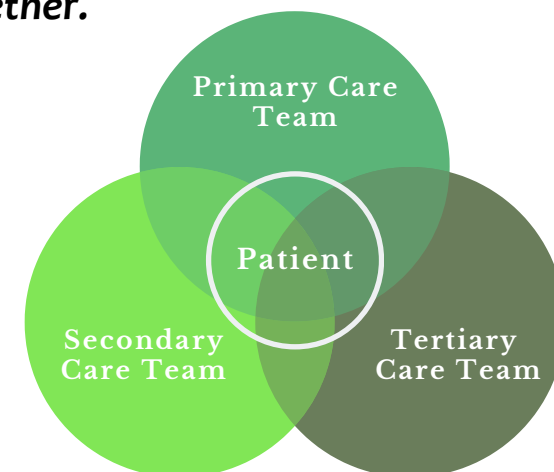
- Primary care MD, NP, HCC SS, RN, RPN, PSW, HSW
- Dietitian, PT, OT, RT Spiritual Care, SW, Volunteers

SECONDARY CARE TEAM

- Palliative care MD's and NP's
- NSMHPCN Palliative Nurse Consultants

TERTIARY CARE TEAM

- Palliative Care Specialist Units and tertiary centres for specialty service



**Please make a referral to a
NSMHPCN Palliative Nurse Consultant for the following:**

CONSULTATIONS WITH PATIENTS: ADVANCED PALLIATIVE PAIN & SYMPTOM ASSESSMENT

- Palliative pain and symptom assessments for those living with a life limiting illness in Long Term Care, Retirement Homes, Acute Care, and community.
- Pain, tiredness, drowsiness, nausea, lack of appetite, dyspnea, anxiety, depression, and overall wellbeing.
- Pain related to neuropathic pain, metastatic pain, and visceral pain.
- Adjuvant therapy, opioid rotation, opioid neurotoxicity and dose titration.
- Total suffering (psychological, spiritual, physical).

CONSULTATION WITH PROVIDERS: CONSULTATION REGARDING A PALLIATIVE APPROACH

- To assist care providers in the provision of quality palliative care through mentorship and consultation.
- Palliative Pain and Symptom Management Mentorship and resource information to those working in Hospices, Home and Community Care Support Services, Day Programs, Supportive Housing, Primary Care, and Community Support Service Agencies.
- 24/7 Palliative Nursing Telephone Support Line: (705) 329-0340 or toll free (844) 429-0340

EDUCATION FOR SERVICE PROVIDERS: A PALLIATIVE APPROACH TO CARE EDUCATION

- Formal and informal course delivery.

**TO MAKE A REFERRAL: Complete the online form found at www.nsmhpcn.ca
Fax completed form to: 705-325-7328**

Referrals are accepted from patients, family members, physicians, nurses, community agencies, hospitals, hospices, retirement homes and long term care homes.