

Who We Are

NSMHPCN is an alliance of health care professionals, patients, families and communities who facilitate planning, development, delivery, and education of quality palliative care services to people in our region.

Mission

North Simcoe Muskoka Hospice Palliative Care Network (NSMHPCN) provides a dedicated, compassionate, holistic palliative approach to care for all.

Vision

To achieve excellence and leadership in hospice palliative care.

Values

Respect: We recognize the inherent worth of every person and their choices.

Collaboration: We foster a unified team approach to care.

Inclusivity: We honor and recognize diversity and promote inclusiveness.

Integrity: Our practice is honest, ethical and transparent.

Inclusion

North Simcoe Muskoka Hospice Palliative Care Network is committed to creating and maintaining an environment free of discrimination. All individuals are treated with respect and dignity, and have equal opportunities. Our programs, services and opportunities will be accessible regardless of age, ancestry, colour, race, citizenship, ethnic origin, place of origin, creed, disability, family status, marital status, gender identity, gender expression, receipt of public assistance, record of offences, sex, or sexual orientation.

Palliative Nursing Support Line:
(705) 329-0340 / (844) 429-0340
Bereavement Support Line:
(705) 325-7871

Regions We Serve:

- Muskoka
- North Simcoe
- Couchiching
- Barrie & area
- South Georgian Bay

Hours of Operation:

Monday to Friday
8:30 am - 4:30 pm

Proud partner of:



BY
Pallium Canada



Collaborating to build a person centered, integrated health system in North Simcoe Muskoka.



Central Ontario Health Team for
Specialized Populations



Canadian
Compassionate
Companies

Supported by:



Ontario Santé
Health Ontario



NSMHPCN
North Simcoe Muskoka Hospice Palliative Care Network

169 Front St. South, Orillia, ON. L3V 4S8
Phone: 705-325-0505 | Toll Free: 844-429-0340
Fax: 705-325-7328 www.nsmhpcn.ca



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What is Palliative Care?

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

- World Health Organization

www.who.int/cancer/palliative/definition/en

What We Do:

- Offer Educational Courses, Workshops, and Conferences
- Support Primary Caregivers by providing in-service presentations and Complex Pain & Symptom Management
- Support Individuals with Complex Needs and those Transitioning Between Locations of Care
- Promote Advance Care Planning
- Provide Bereavement Support
- Provide customized education to meet the needs of community partners

Educational Offerings:

- Fundamentals of Hospice Palliative Care
- Advanced Palliative Care Education (ACE)
- Learning Essential Approaches to Palliative Care (LEAP)
- Pills, Pumps & Patches
- Comprehensive Advanced Palliative Care Education (CAPCE)
- Bereavement 101

The Palliative Care Team: all working together.

PRIMARY CARE TEAM

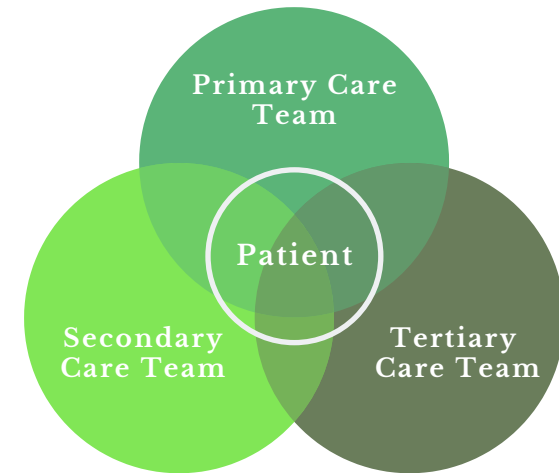
- Primary care MD, NP, HCC SS, RN, RPN, PSW, HSW,
- Dietitian, PT, OT, RT Spiritual Care, SW, Volunteers,

SECONDARY CARE TEAM

- Palliative care MD's and NP's
- NSMHPCN Palliative Nurse Consultants

TERTIARY CARE TEAM

- Palliative Care Specialist Units and tertiary centres for specialty service



**Please make a referral to a
NSMHPCN Palliative Nurse Consultant for the following:**

CONSULTATIONS WITH PATIENTS: ADVANCED PALLIATIVE PAIN & SYMPTOM ASSESSMENT

- Palliative pain and symptom assessments for those living with life limiting illness in Long Term Care, Retirement Homes, Acute Care, and community.
- Pain, tiredness, drowsiness, nausea, lack of appetite, dyspnea, anxiety, depression, and overall wellbeing.
- Pain related to neuropathic pain, metastatic pain, and visceral pain.
- Adjuvant therapy, opioid rotation, opioid neurotoxicity and dosetitation.
- Total suffering (psychological, spiritual, physical) but not limited to ALS, MS, end stage heart disease, end stage lung disease, and dementia.

CONSULTATION WITH PROVIDERS: CONSULTATION REGARDING A PALLIATIVE APPROACH

- To assist care providers in the provision of quality palliative care through consultation.
- 24/7 Palliative Nursing Telephone Support Line: (705) 329-0340 or toll free (844) 429-0340
- To assist by phone the health care provider with palliative care questions and/or pain and symptom management concerns.
- Staffed by a Registered Nurse employed by the NSMHPCN certified by the CNA in Palliative Care.
- Palliative Pain and Symptom Management Consultation for those working in Hospices, Home and Community Care Support Services, Day Programs, Supportive Housing, Primary Care, and Community Support Service Agencies.

EDUCATION FOR SERVICE PROVIDERS: A PALLIATIVE APPROACH TO CARE EDUCATION

- Formal and informal courses delivery.

TO MAKE A REFERRAL: Complete the online form found at www.nsmhpcn.ca
For urgent referrals please call: 705-325-0505, ext. 103
Fax completed form to: 705-325-7328

Referrals are accepted from patients, family members, physicians, nurses, community agencies, hospitals, hospices, retirement homes and long term care homes.