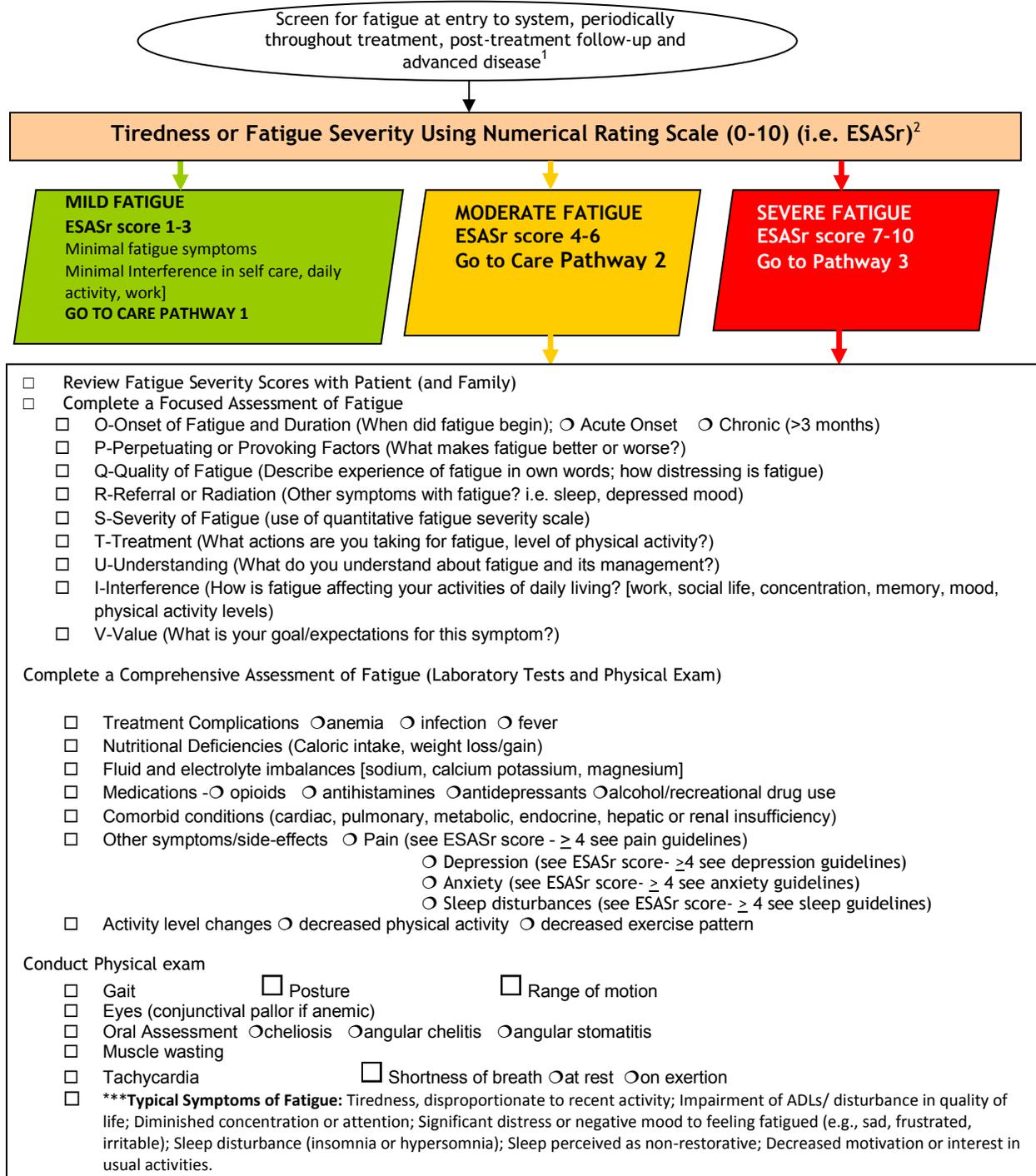


Algorithm for Cancer-Related Fatigue

Screening and Assessment - Cancer-Related Fatigue in Adults with Cancer*



* - Please see the full guideline for a description of the acronyms used, as well as the copyright and disclaimer prior to use.

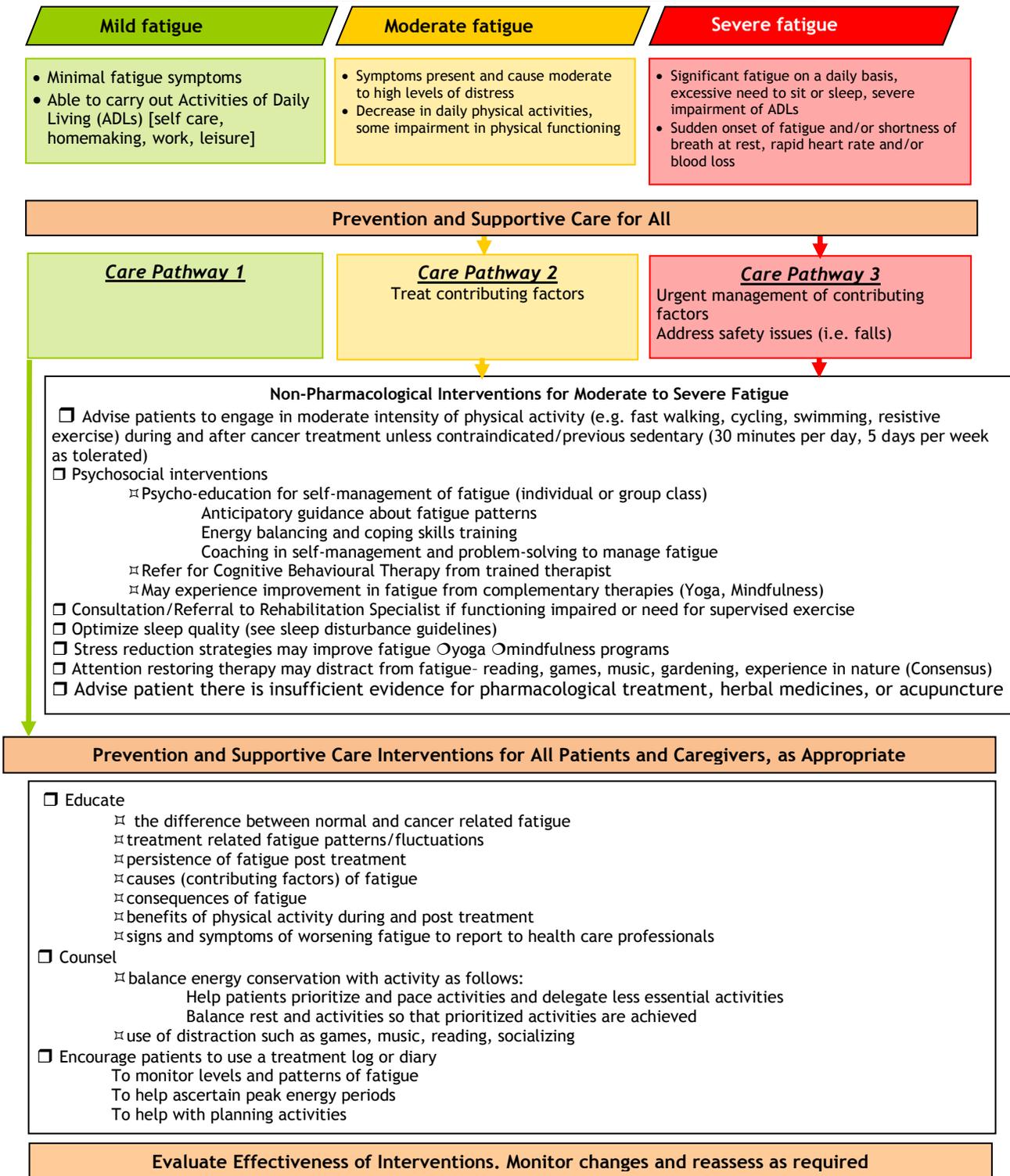
1-- Use a Valid Scale to Screen for Presence of Fatigue and Level of Severity (i.e. NRS 0-10 such as ESAS; FACT-F; Fatigue Pictogram; Piper Fatigue Scale)

2 - The health care team for cancer patients may include surgeons, oncologists, family physicians, nurses, social workers, psychologists, patient navigators, fatigue experts, rehabilitation experts and other health care professionals

3. OPQRSTUV-Acronym=O-Onset; P-Provoking/Palliating; Q-Quality; R-Region or Radiating; S-Severity & Duration; T-Treatment; U-Understanding; V-Values (Fraser Health Guidelines, see reference list)



Care Map - Cancer-Related Fatigue in Adults with Cancer*



See full guideline for all recommendations and evidence, review copyright and disclaimer for use. Reference: Howell D, et al. A Pan Canadian Guideline for the Screening, Assessment, and Management of Cancer-Related Fatigue in Adults- Version 2-2015

Figure 1: Quick Reference Algorithm for Screening and Assessment- Cancer-Related Fatigue in Adults with Cancer*

