



# Continued Education

Recommended Order

## FUNDAMENTALS

This course is suitable for all health-care providers from every discipline including dietitians, physiotherapists, occupational therapists, social workers, chaplaincy, PSWs, DSWs, nurses, housekeeping, volunteers and any other domains providing palliative care.

Duration: Course consists of 3 in-class sessions (3 hours per session) as well as self-directed online learning and two peer-to-peer exchanges. Course will be delivered in either a six or eight week format. Mandatory attendance at all classes is required to receive a certificate of completion.

Pre-requisite: None

## ADVANCE PALLIATIVE PRACTICE SKILLS (APPS)

Building on the Fundamentals of Hospice Palliative Care Program, The Advanced Palliative Practice Skills (APPS) program is an interactive, educational opportunity for Personal Support Workers (PSWs), Health Care Aides and Hospice Volunteers who are graduates of the Core Fundamentals of Hospice Palliative Care Program.

Course Components:

- Three, 3-hour virtual in-class Case Based Learning sessions
- Self-directed online learning modules x 4
- Two peer-to-peer exchanges
- Ongoing self reflection with practical application activities

All course components are mandatory, including attendance at all virtual in class learning sessions.

Duration: 9 weeks, combination of virtual and self directed learning

Pre-requisite: Fundamentals of Hospice Palliative Care

## CAPCE

The Comprehensive Advanced Palliative Care Education (CAPCE) Program is designed to align with the Model to Guide Hospice Palliative Care: Based on National Principles and Norms of Practice (CHPCA 2002).

In 2013 and 2017 CAPCE was redesigned to be reflective of best practice, evidence-based hospice palliative care and knowledge translation strategies in order to effectively meet the needs of the learners.

Duration: 5 months, combination of virtual and self directed learning

Pre-requisites:

- Fundamentals of Hospice Palliative Care Program
- A minimum of 1-year experience caring for people with a progressive, life-limiting illness
- Ability and interest to function as a Resource Nurse, providing primary level support and advanced level knowledge and skills for care team members in his or her organization
- Ability and interest to coach others, facilitate change and be a role model
- Sensitivity to the impact of attitudes, behaviours, life experiences, values, thoughts and feelings on the well-being and quality of life from the perspective of all partners in care

For more information please visit: [www.nsmhpcn.ca](http://www.nsmhpcn.ca)

North Simcoe Muskoka Hospice Palliative Care Network  
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## LEAP CORE TRAINING (LEARNING ESSENTIAL APPROACHES TO PALLIATIVE CARE)

LEAP Online is a facilitated online learning program that provides health care professionals with the essential skills and competencies of the palliative care approach. LEAP Online includes 16 online modules and 2 three-hour webinars led by LEAP facilitators who are experienced palliative care clinicians and educators. This program is ideal for any health care professional (e.g. physician, nurse, pharmacist, social worker, etc.) who would like to complete training in palliative care through self directed learning and who provides care for patients with life-threatening and progressive life-limiting illnesses.

This program is certified by the College of Family Physicians of Canada for up to 24 Mainpro+ credits.

## PILLS, PUMPS AND PATCHES – THE PHARMACOLOGIC MANAGEMENT OF PAIN IN PALLIATIVE PATIENTS

These hands-on workshops will discuss common opioids and adjuvants utilized in managing pain. These workshops are suitable for NP’s, RN’s, RPN’s and Pharmacists.

Objectives:

- Understand commonly used opioids
- Opioid conversions
- Switching routes from oral to subcutaneous
- Converting from oral to continuous subcutaneous infusions
- Gain an understanding of Equi-analgesia and adjuvant medications

Duration: One Day Course

Pre-requisite: None

## PALLIATIVE CARE FOR THE DEMENTIA JOURNEY

In Partnership with the Alzheimer’s Society this workshop will be offered as one day for 3 hours or 2 days for 1.5 hours x 2. This workshop is designed for family, volunteers and professional staff to find ways of using a person’s strengths to bring comfort and joy to their life while living with dementia and not just at end of life.

Duration: One Day Online Course

Pre-requisite: None

## SYMPOSIUMS

Each year our NSMHPCN is fortunate enough to host two symposiums. Our Clinical Symposium, attracts healthcare professionals such as nurses, physicians, and residents in North Simcoe Muskoka and a Regional Symposium which provides engaging, holistic topics for the healthcare providers in our region.

### Previous Symposium Themes

- Back to the Basics:  
Fundamental Competencies  
in Hospice Palliative Care
- What Matters Most in COVID
- Bridging Palliative Care and  
Chronic Disease
- Normalizing Death & Dying



- Cachexia Syndrome
- Delirium**
- Difficult Conversations
- EDITH Protocol**
- Food and Fluids at EOL
- MAID**
- Palliative Approach to Care
- Palliative Care Symptom Management COVID-19**
- Palliative Performance Scale
- Palliative Sedation**
- Symptom Relief Kit

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