

Palliative Nurse Consultant Referral Guide



Please make a referral to an **NSMHPCN Palliative Nurse Consultant** for the following:

CONSULTATIONS WITH PATIENTS: ADVANCED PALLIATIVE PAIN AND SYMPTOM ASSESSMENT

- Palliative pain and symptom assessments for those living with life limiting illness in Long Term Care, Retirement Homes, Acute Care, and Community.
- Pain, tiredness, drowsiness, nausea, lack of appetite, dyspnea, anxiety, depression, and overall wellbeing. New onset, neuropathic pain, metastatic pain, and visceral pain.
- Adjuvant therapy, opioid rotation, management of breakthrough pain, opioid neurotoxicity and dose titration. Total suffering (psychological, spiritual, physical)

CONSULTATION WITH PROVIDERS: CONSULTATION REGARDING A PALLIATIVE APPROACH

- To assist care providers in the provision of quality palliative care through consultation.
- 24/7 Palliative Nursing Telephone Support Line: (705) 329-0340 or toll free (844) 429-0340
- To assist by phone the health care provider with palliative care questions and/or pain and symptom management concerns.
- Staffed by a Registered Nurse employed by the NSMHPCN certified by the CNA in Palliative Care.
- Palliative Pain and Symptom Management Consultation for those working in Hospices, Home and Community Care Support Services, Day Programs, Supportive Housing, Primary Care, and Community Support Service Agencies.

EDUCATION FOR SERVICE PROVIDERS: A PALLIATIVE APPROACH TO CARE EDUCATION

- Formal courses delivered on-site.
- Informal teaching one-to-one based on patient's needs.
- Informal teaching one-to-one based on healthcare professional's needs.

The Palliative Care Team: All working together.

Primary Care Team

- Primary care MD, NP, HCC SS, RN, RPN, PSW, HSW,
- Dietitian, PT, OT, RT Spiritual Care, SW, Volunteers

Secondary Care Team

- Palliative care MD's and NP's
- NSMHPCN Palliative Nurse Consultants

Tertiary Care Team

- Palliative Care Specialist Units and tertiary centres for specialty service.

