



**NSMHPCN**  
North Simcoe Muskoka Hospice Palliative Care Network

# PC UPDATES

March, 2015

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## Brenda Smith Award: deadline April 10

Do you know someone who is passionate, committed and contributes to advancing hospice palliative care in our region? The Brenda Smith Award is given to an exemplary hospice palliative care provider working or volunteering with individuals and families. Individuals, in any care sector, are eligible for nomination.

This annual award honours the first director of our palliative care network, Brenda Smith, and her contributions to advancing hospice palliative care in our region. Brenda's life was cut short by cancer in 2008. The ripple effects of such great leadership and vision is what continues to build capacity and enhance quality today.

Please refer to the end of the newsletter for the application form. All applications are to be received by **Friday, April 10th** and submitted to Karen: [Karen@nsmhpcn.ca](mailto:Karen@nsmhpcn.ca) Applications can also be faxed to: 705-325-7328 or mailed to:

North Simcoe Muskoka Hospice Palliative Care Network  
169 Front St. S.  
Orillia, ON L3V 4S8

## Job Posting: Executive Assistant (mat leave)

The NSMHPCN is currently looking to fill a maternity leave position: **Executive Assistant to the Executive Director**. Interested applicants may submit a resume with cover letter to [whitney@nsmhpcn.ca](mailto:whitney@nsmhpcn.ca) by **March 15, 2015**.

The full job posting is available on our website [here](#).

## Sandra's Message

*A message from the Executive Director*



It seems that there is a lot of discussion about the Integrated Approach to Care. However, I often find these discussions a tad confusing with different providers interpreting this language differently. I thought I would take this opportunity to share my thoughts on what an integrated approach to care might look like.

My observation is that we increasingly do a good job of sharing information between health care professionals. We are not always perfect, but there seems to be a growing recognition that if we are to do this work well, it has to be done together and that each discipline has something unique to offer patients and their families. For as long as I have been working, we have been talking about an integrated record system to facilitate this exchange of information and in many areas, there is recognition. While an integrated record is a huge goal, we must move forward while we work on this and we've made small, but significant advances in communication by introducing low technology solutions such as a paper chart in the home and weekly Palliative Care Rounds.

However, something that we struggle more with is how we view the person as a part of a broader community. I believe it is imperative that we recognize that friends and family are with palliative patients for many more hours each week than are all of the health service providers combined. A person's community has an amazing ability to provide support. Wouldn't it be wonderful if our integrated approach included friends, family, church members and church leaders, co-workers and sports teams.

So, while we continue to make strides towards improved integration between health care providers, we have to continually stretch our boundaries to include friends, family, church members, co workers and whoever else the patient identifies as being a significant part of their life.

## End-of-Life Care seminar: Lakehead University

**Title: Improving End-of-Life Care Communication and Decision-Making: The Development of a Conceptual Framework & Quality Indicators**

**Tuesday, March 10**

**11:30 a.m. to 1 p.m.**

Lakehead University, **Orillia Campus**, 500 University Avenue Room OA 2019

Presented by: **Dr. Kevin D. Willison**

Department of Interdisciplinary Studies, Lakehead University

## NSMHPCN OTN Webinar: March 10th

The NSMHPCN has organized Ontario Telemedicine Network (OTN) presentations (webinars) to be held on the 2nd Tuesday of every month from September to June—**12:00 noon to 1 p.m.** from various locations throughout our LHIN. Presentations can be viewed at your local OTN site or can be viewed by webcast on your own computer.

March's webinar:

### Paediatric Palliative Sedation - A Community Approach

Presented by: **Tanya Baker**, RN, BScN, Director of Clinical Management  
**Deb Sloan**, RN, Manager of Clinical Practice  
Bayshore Home Health Care

Broadcast from RVH, Rm 4141.

To log on from your own computer, click [here](#).

## It Takes A Village part 2: March 12th

**Thursday, March 12th 9 a.m.-11 a.m.**

Orillia Common Roof, 169 Front St. S. Boardroom B

A working, brainstorming session on caring for those at end-of-life as a community.

Hosted by: **Amy Pritzker**, Client Care Coordinator  
North Simcoe Muskoka Hospice Palliative Care Network

## OSMH OTN Webinar: March 24th

Title: **Borderline Personality Disorder in Palliative Care**  
**Noon to 1 p.m.**

Hosted by: Orillia Soldiers' Memorial Hospital

Presented by: **Irene Heinz RN(EC), MN**  
Hospice Palliative Care Nurse Practitioner,  
North Simcoe Muskoka Community Care Access Centre

To log on from your own computer, click [here](#).

## 2015 Conference & Workshop Update

2015 Regional Conference:  
**The Importance of Partnerships in Palliative Care**  
Tuesday May 26 and Wednesday May 27, 2015  
Casino Rama Conference Centre

Keynote Speakers: Dr. Denise Marshall and Dr. Hsien Seow

Concurrent workshops to be offered will cover information on Prognostication, Aboriginal Palliative Care, Programs and Protocols to Assist Death in the Home, Regional Team Development and Psychosocial Aspects of Facing Death. Exciting closing presentations will be offered each day, focusing on care and support for the caregiver.

Discounted rates available for network members – ensure you (or your organization) have a current 2015 membership!

Full flyer and registration form will be available on our website soon.

**Fall Conference – Thursday September 24<sup>th</sup>, Liberty North, Barrie**  
Watch for more details as they become available!

### 2015 Workshop Series

#### **Comprehensive Palliative Care Pain Assessment and Management**

This workshop will incorporate case-based learning to review comprehensive pain assessment and management.

Target audience: Registered staff from any setting

To be offered in two locations:

**Tuesday April 14<sup>th</sup> – Georgian Bay Retirement Home, Penetanguishene**

**Wednesday April 15<sup>th</sup> – Hospice Simcoe, Barrie**

**3-5 p.m.** A light snack will be provided.

Cost: \$10 – advance registration is required - spaces are limited.

All in attendance will receive a Certificate of Attendance and a copy of the Pallium Palliative Pocket Book.

Full flyer and registration form to be available soon.

## Education

### **Fundamentals of Hospice Palliative Care Education (FHPCE)**

*Course details and outlines are available on our website.*

Please refer to the attached Fundamentals of Hospice Palliative Care form to view dates for the Spring 2015 course.

Note that the format for the course has changed. There are now three in-class sessions, combined with an online component and reading from home.

## 2015 Hike for Hospice Palliative Care

[Hike for Hospice Palliative Care](#) events will be taking place across Canada on **Sunday, May 3rd**. Events in our region will be taking place in Barrie, Orillia, Bracebridge, Collingwood, Penetanguishene and Huntsville.

Be sure to contact your local hospice for information on sponsorship and registration for this fun event in support of hospice palliative care!

## NSMHPCN on social media

The NSMHPCN is on Facebook and Twitter! We hope that you **'Like'** our Facebook page and join in on the conversation on all things palliative care. To join and 'Like' our Facebook page, please visit [www.facebook.com/nsmhpcn](http://www.facebook.com/nsmhpcn). To follow us on Twitter, go to: [www.twitter.com/nsmhpcn](http://www.twitter.com/nsmhpcn).



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### **North Simcoe Muskoka Hospice Palliative Care Network**

169 Front Street South  
Orillia, ON L3V 4S8  
Phone: (705) 325-0505  
Fax: (705) 325-7328

[www.nsmhpcn.ca](http://www.nsmhpcn.ca)

*To unsubscribe, please email: [Rachael@nsmhpcn.ca](mailto:Rachael@nsmhpcn.ca)*

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### The Brenda Smith Leadership Award: Call for Nominations

*"People want to know how much you care before they care how much you know". James F Hind*

**Eligibility:** The Brenda Smith Award is given to an exemplary hospice palliative care provider working or volunteering with individuals and families in the North Simcoe Muskoka Region. Individuals, in any care sector, are eligible for nomination.

**Characteristics:** The Award honours Brenda's passion, commitment and contributions to advancing hospice palliative care in our region. The nominee should be someone who has displayed leadership and determination, with a personal warmth and strength of character so well demonstrated by Brenda. Key characteristics might include:

- A mentor, a teacher, a listener, a leader
- Passion for palliative care
- Intuition and vision
- Personal warmth, strength of character
- Courageous, determined, tenacious
- Ability to unite people to a common goal or outcome
- Ability to recruit the right people
- Sees potential in people and nourishes that
- Displays an understanding of all modalities associated with illness and bereavement
- Displays patient-centered care

**History of the Award:** Brenda Smith was a leader in our community. With the help of a core group, Brenda formed the structure for an End-Of-Life Network, and eventually the NSMHPC Network became an incorporated organization, allowing for growth and sustainability.

Brenda demonstrated keen insight and extraordinary vision in planning for the future of hospice palliative care in our area, working tirelessly to promote excellent care for all clients, and the highest standard of palliative care education for all health care providers in this region. She could not only see what was possible in the short term, but what was needed in the future.

Brenda recognized and nurtured other people's talents, sharing her knowledge, experience, wisdom and endless reserves of compassion. She encouraged and boosted the morale of each palliative care provider by supporting their efforts, listening to their challenges and not just advocating for, but actually facilitating change. She inspired and motivated countless health care professionals to strive for excellence in the delivery of palliative care, and commit themselves to ongoing professional growth and development. Her dedication was contagious, and she was respected by all who knew her.

Brenda's life was shortened by cancer and she died in June of 2008. We are honoured to present the Brenda Smith Leadership Award to recognize all that she did to advance palliative care in our region. The ripple effects of such great leadership and vision is what continues to build capacity and enhance quality today.

**Selection Process:** The award committee will review all nominations, and the decision will be based only upon the information provided within the nomination form. Subject to nominations received, this award will be presented annually at our Regional Conference. Nominees will be notified prior to the annual conference.

*\*\* Please note: The name of the award winner will be published on the NSMHPCN website and in other NSMHPCN materials, unless we receive notification otherwise.*

# North Simcoe Muskoka Hospice Palliative Care Network

169 Front Street South, Orillia, ON, L3V 4S8  
Phone: (705) 325-0505 Fax: (705) 325-7328  
www.nsmhpcn.ca



## The Brenda Smith Leadership Award 2015

*"People want to know how much you care before they care how much you know". James F Hind*

### NOMINATION FORM:

**The nomination deadline is April 10, 2015**

*(please note, current NSMHPCN staff and Board Members are exempt from nomination, as are those who have held either role in the 12 months prior to the award nomination deadline)*

Please provide a written summary (**strictly** 600 word maximum) illustrating why the nominee deserves this award. Please clearly **include concrete examples** of how the nominee has contributed and made a difference to hospice palliative care in our region, and how they are a role model for their fellow providers.

Name of Nominee	
Title/Role	
Employer/Agency	
Employer/Agency Address	
Nominee's Phone Number	
Nominee's Email	
Name of Nominator #1	
Title/Role	
Employer/Agency	
Employer/Agency Address	
Phone Number	
Email	
Relationship to Nominee	
Signature	
Name of Nominator #2	
Title/Role	
Employer/Agency	
Employer/Agency Address	
Phone Number	
Email	
Relationship to Nominee	
Signature	

### Signed Nominations to be submitted to:

#### The Brenda Smith Leadership Award Committee

By Mail: NSMHPCN, 169 Front Street South, Orillia, ON, L3V 4S8

By Fax: (705) 325-7328

By email: karen@nsmhpcn.ca

**TO BE RECEIVED BY April 10, 2015 for consideration for this calendar year.**



# PALLIATIVE CARE ROUNDS

## Presented by the North Simcoe Muskoka Hospice Palliative Care Network

### Paediatric Palliative Sedation - A Community Approach

#### TOPIC

Tanya Baker RN, BScN, Director of Clinical Management and Deb Sloan RN, Manager of Clinical Practice  
Bayshore Home Health Care, Barrie, Ontario

#### PRESENTER

**Tuesday, March 10, 2015**

#### DATE

**1200 – 1300 hours**

#### TIME

Broadcast from RVH, Rm 4141. Or can be accessed from your own computer at  
<http://webcast.otn.ca/liveevents.html> or <http://webcast.otn.ca/index/browse?page=1&type=3>

#### MODALITY

**Rm 4141, Royal Victoria Regional Health Centre**

#### ROOM/LOCATION

### OBJECTIVES:

1. Information sharing
2. Case study
3. Case review

### AUDIENCE

Physicians & Health Care Professionals

### REGISTRATION

To participate in this event by videoconference, contact your local OTN Coordinator to help reserve a room and system at your site that is videoconference enabled.

### OTN SITE COORDINATORS

#### Self Registration Link:

URL: <https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=37359087>

For those who do not have Ncompass training please register your site with Karen Styles: [stylesk@rvh.on.ca](mailto:stylesk@rvh.on.ca)  
(please include your site and system numbers).

OTN is pleased to provide the technological infrastructure to support interactive videoconference education events.  
Please note that the content and opinions expressed are those of the presenter and not of OTN.



**North Simcoe Muskoka Hospice Palliative Care Network  
OTN Education Session**



**NSMHPCN**  
North Simcoe Muskoka Hospice Palliative Care Network

Date: March 10, 2015

## EVALUATION FORM

Topic: *Paediatric Palliative Sedation – A Community Approach*

**Designation:**

RPN	Physician	Chaplain	NP	Social Worker	Other (note below)
RN	Therapist	Volunteer	PSW	Admin	

**Practice Setting:**

Hospital (acute care)	Palliative Unit	Private Practice	Hospice	Community	Other (note below)
LTC					

**Learning Objectives:**

Did the presentation meet my goals of gaining awareness and understanding of the topic?

Definitely	A little	Not really
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**Overall Learning:**

I found the in-service intellectually challenging and stimulating.

I learned something valuable.

My interest in Palliative Care increased because of this in-service

Participants were encouraged to share and questions were meaningfully answered.

*Are there changes you would like to suggest re the presentation, format, time, environment etc. of these educational sessions?*

.....  
.....

*What topics would you like to see presented in the future?.....*

.....

Have you visited our website? <a href="http://www.nsmhpcn.ca">www.nsmhpcn.ca</a>	Yes	No
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**Thank you for your feedback!!**





**NSMHPCN**  
North Simcoe Muskoka Hospice Palliative Care Network

**SAVE THE DATE!**

**MARK YOUR CALENDAR**

## **2015 Fall Conference**

**Thursday**  
**September 24th, 2015**

Liberty North,  
100 Caplan Avenue,  
Barrie

0830-1615 hours

More details coming soon!

Find more details at  
[www.nsmhpcn.ca](http://www.nsmhpcn.ca)  
as soon as available



**NSMHPCN**  
North Simcoe Muskoka Hospice Palliative Care Network

## REGISTRATION FORM

# Fundamentals of Hospice Palliative Care Spring 2015

An introductory certificate course based on concepts from *A Model to Guide Hospice Palliative Care Based on National Principles and Norms of Practice* (Ferris et al., 2002) and developed by The Palliative Pain and Symptom Management Consultants serving Erie St. Clair and the South West LHINs of Ontario. Curriculum revised in 2014.

This course is recommended for **ALL** health care providers and volunteers and includes:

- Three case-based in-class sessions, three hours in length.
- Eleven self-directed e-Learning modules to be completed throughout the course.
- Two peer-to-peer exchanges for learners to collaborate, learn and share ideas.
  - No exams or tests - homework requirement of each session.
  - Certificate given with completion of all sessions and requirements.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Prov.: Ontario Postal Code: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Organization: \_\_\_\_\_

Discipline: \_\_\_\_\_ Fax#: \_\_\_\_\_

Barrie <input type="checkbox"/>	<b>Hospice Simcoe</b> (336 Penetanguishene Rd.) Thursdays: <b>March 12, April 2 and April 23rd (in-class)</b>	<b>2:00 - 5:00 p.m.</b>
Barrie <input type="checkbox"/>	<b>The Waterford Retirement Community</b> (132 Edgehill Dr.) Tuesdays: <b>April 28, May 19 and June 9 (in-class)</b>	<b>1:00 - 4:00 p.m.</b>
Bracebridge <input type="checkbox"/>	<b>The Pines</b> (98 Pine St.) Tuesdays: <b>May 5, May 19 and June 23 (in-class)</b>	<b>3:00 - 6:00 p.m.</b>
Collingwood <input type="checkbox"/>	<b>*CLASS FULL Hospice Georgian Triangle</b> (240 Erie St.) Tuesdays: <b>March 31, April 21 and May 12</b>	<b>2:30 - 5:30 p.m.</b>
Orillia <input type="checkbox"/>	<b>Orillia Common Roof</b> (169 Front St. S.) Boardroom B Wednesdays: <b>April 22, May 13 and May 28 (in-class)</b> <b>*note last class is a Thursday</b>	<b>3:00 - 6:00 p.m.</b>
Penetanguishene <input type="checkbox"/>	<b>Georgian Manor</b> (101 Thompsons Rd.) Wednesdays: <b>April 22, May 13 and June 10 (in-class)</b>	<b>1:00 - 4:00 p.m.</b>

<b>Course Fee:</b>	<b><i>Fee payable to NSMHPCN prior to course</i></b>
<b>\$50.00</b>	<b><u>Receipts issued at the course</u></b>

To register, complete form and mail, fax or drop off with payment to:

**NSMHPCN, 169 Front St. South, Orillia ON L3V 4S8 Fax: 705-325-7328**

You may also pay by Visa/MasterCard. Call the office to process (705 325-0505)  
or submit details below:

Visa  Mastercard

<b>Name on card</b>	
<b>Credit Card #</b>	<b>Expiry MM/YY:</b>
<b>Signature</b>	<b>Date:</b>

**NOTE: Refunds will be processed if notified 72 hours prior to first class.**

For further inquiries – contact:

**Catherine Wallis-Smith, Education Coordinator**

[cath@nsmhpcn.ca](mailto:cath@nsmhpcn.ca) (705) 325-0505 ext.105