

2015 NSMHPCN REGIONAL CONFERENCE

SPEAKER BIOS:



Darcy L Harris, PhD., FT

Dr. Darcy Harris is an Associate Professor and the Thanatology Coordinator at King's College, Western University, in London, Canada. She also maintains a clinical therapy practice with a specialization in issues related to change, loss, and transition. Dr. Harris has published many articles, book chapters, and books including, *Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life* (Routledge), *Grief and Bereavement in Contemporary Society: Bridging Research and Practice* (Routledge), and *Grief Counseling: Principles and Practice* (Springer). Her upcoming book, *Promoting Social Justice in Loss and Grief* (Routledge) is due to be released at the end of this year. She is also the Series Editor for the *Death, Value, and Meaning Series* with Baywood Publishing Company in New York. She has served on the board of directors for the Association for Death Education and Counseling, and she currently serves on the board of directors for St. Joseph's Health Care in London.



Kelly Hubbard, RN, BScN, MHSc, CHPCN

Kelly Hubbard is a registered nurse and the Residential Care Manager at Hospice Simcoe. She received her nursing diploma from Georgian College, her BScN from York University and a MHSc of Bioethics at University of Toronto. She has cared for the dying for the majority of her 24 years of nursing experience, both in acute care, community and hospice settings. She is one of the first recipients of the Jean Echlin Award for Ethics in Palliative Care as Outstanding Practitioner. She currently resides in Elmvale with her husband Kevin, their daughters Rachelle and Madison and dogs Brutus and Ruby. She can be contacted anytime by calling Hospice Simcoe.



Diana Tikasz, MSW, RSW

Diana has worked in the teaching and health care sector for the past 25 years. Her helping work began as an early childhood educator nurturing children and their families to reach their fullest potential. This work developed into a desire to do trauma-focused work. Over the course of her career she has worked in emergency department crisis teams, coordinated hospital based sexual assault/ domestic violence treatment programs, which involved assisting individuals experiencing a current crisis, counselling those who have been traumatized by violence, and teaching other professionals how to do this work effectively while staying healthy themselves. Diana has also worked in various Employee Assistance Programs where she has specialized in working with individuals who are feeling stressed by their personal and/or work life. Her passion is to assist people in creating personal, professional, and organizational changes that promote optimal health and make us more effective helpers. Hence, over the past 8 years, Diana has devoted time to providing numerous workshops to various helping professionals in the area of compassion fatigue/vicarious trauma and self-care because a helper's compassion is not complete if it does not include compassion for oneself.